



## Diabetes Ten City Challenge

COMMUNITIES IN CA, CO, FL, GA, HI, IL, MD, PA, SC, WI

### Purpose

To align incentives to focus on wellness, patient self-management and workplace cost savings for patients with diabetes by creating a collaborative team of employers, employees, pharmacists, physicians and diabetes educators

### Target Population

Employees and beneficiaries with diabetes (within participating employers)

### Goals

- Educate and support employees to manage their diabetes actively
- Center care around the patient
- Reduce unscheduled absenteeism and associated costs
- Improve overall health by controlling diabetes and obtaining recommended preventive care
- Save health care dollars by investing in keeping people healthy, instead of paying for care once ill

### Years in Operation

2005 – present

### Structure and Operations

- Self-insured employers in 10 different cities across the U.S. agreed to contract with the American Pharmacists Association's Foundation to establish the voluntary benefit program.
- Employers waive copays on diabetes monitoring supplies and medications, and can offer waivers for participation.
- Community pharmacists are trained to “coach” patients on how to manage their diabetes (goal setting, medication adherence, tracking conditions and follow-up care). Pharmacist coaches meet regularly with patients to track treatment compliance and outcomes.
- Collaborative care teams of pharmacists, diabetes educators and physicians from the community are educated on the program, and receive compensation for their involvement.
- Both clinical and financial outcomes are tracked at the national and community levels.<sup>35</sup>

### Funding

The Diabetes Ten City Challenge is supported by a grant from GlaxoSmithKline.

### For More Information

Additional information is available online:

[http://www.aphafoundation.org/Programs/Diabetes\\_Ten\\_City\\_Challenge](http://www.aphafoundation.org/Programs/Diabetes_Ten_City_Challenge)